

CERTIFICATE OF PARTICIPATION

This is to certify that

Anastacia Nel

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 02:32:22

PACE 11:42/km

GENDER 57 of 70

OVERALL 136 of 149

50 - 59 8 of 11

23 June 2019, Sun

Date



BoutTime

Signature

